#### BEFORE THE ARIZONA MEDICAL BOARD

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In the Matter of

ANDRZEJ J. SLASKI, M.D.,

Holder of License No. 6972

In the State of Arizona.

for the Practice of Allopathic Medicine

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Board Case No. MD-12A-6972-MDX

#### FINDINGS OF FACT, CONCLUSIONS OF LAW AND ORDER

(License Revocation)

On February 6, 2013, this matter came before the Arizona Medical Board ("Board") for consideration of the Administrative Law Judge (ALJ) Brian Brendan Tully's proposed Findings of Fact, Conclusions of Law and Recommended Order. Andrzej J. Slaski, M.D., ("Respondent") did not appear before the Board; Assistant Attorney General Anne Froedge, represented the State. Christopher Munns with the Solicitor General's Section of the Attorney General's Office was available to provide independent legal advice to the Board.

The Board, having considered the ALJ's decision and the entire record in this matter, hereby issues the following Findings of Fact, Conclusions of Law and Order.

## **FINDINGS OF FACT**

- 1. The Arizona Medical Board ("Board") is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.
- 2. Andrzej J. Slaski, M.D. ("Respondent"), also known as Andrew Slaski and A.J. Slaski, is the holder of License No. 6972 issued by the Board for the practice of allopathic medicine in the State of Arizona. Respondent's medical license is currently under a complete practice restriction pursuant to a consent agreement.<sup>1</sup>
- 3. Respondent's background and training has been as a pediatrician. Approximately three years ago, Respondent began practicing pain management when he worked

<sup>&</sup>lt;sup>1</sup> Interim Order for Practice Restriction and Consent to the Same dated March 12, 2012.

for Dr. David Ruben. Dr. Ruben hired Respondent to write prescriptions for his practice after Dr. Ruben's allopathic license had been placed on probation. Respondent has had no training in pain management.

- 4. In February 2011, Respondent left Dr. Ruben's clinic and opened his own cashbased pain management clinic.
- 5. On October 16, 2012, the Board issued a Complaint and Notice of Hearing charging Respondent with unprofessional conduct in Case Nos. MD-11-0335A and MD-12-0232A. The Complaint and Notice of Hearing was sent to Respondent at his address of record with the Board. The Complaint and Notice of Hearing advised Respondent of the time, date, and location of an evidentiary hearing before the Office of Administrative Hearings. The mailing of the Complaint and Notice of Hearing was returned to the Board as undeliverable to Respondent's address of record.
- 6. The commencement of the scheduled hearing was delayed 15 minutes to allow for the late arrival of Respondent. After the delay, the Administrative Law Judge conducted the hearing in Respondent's absence.

#### Case No. MD-11-0335A

- 7. On or about March 16, 2011, the Board initiated Case No. MD-11-0335A after receiving a complaint from a pharmacist regarding Respondent's prescribing practices involving patients PH and CA.
- 8. The complaining pharmacist expressed concern that Respondent was incapacitated and that patients and/or staff may have been taking advantage of him to obtain prescriptions. Respondent appeared at the pharmacy to verify a prescription for patient PH. The pharmacist was concerned about Respondent's behavior at that time. Board staff later determined that Respondent was not cognitively incapacitated.
- 9. After the initiation of the Board's investigation in this case, the complaining pharmacist reported to staff that she had received a prescription from Respondent's office that did not contain his current practice information. Respondent later admitted to Board staff that he had used an old prescription pad.

- 10. The Board's assigned medical consultant, Jerome Julian Grove, M.D., is board certified in pain management and anesthesiology. Dr. Grove addressed the allegation of inappropriate prescribing and identified deviations from the standard of care in Respondent's treatment of patients PH and CA.
  - 11. Patient PH was a former patient of Dr. Ruben. Patient PH had a history of illicit drug use and had been previously discharged from a pain management practice due to doctor shopping. PH also had a history of reporting stolen medications.
  - 12. Patient PH was treated by Respondent at his clinic from approximately February 7, 2011, to May 26, 2011.
  - 13. Dr. Grove authored a Medical Consultant Report dated August 6, 2011. In his report, Dr. Grove noted the following standard of care in this matter:

With respect to chronic pain and patients on chronic opioid therapy, standard of care involves a balanced or comprehensive approach with adjuvant medications and an alternative therapeutic treatment plan in order to potentially minimize known side effects of opioid therapy, including tolerance, physiologic and mental dependency, and to evaluate for diversion, abuse, and addiction. Known risk stratification regarding chronic opioid use for chronic pain patients recommends a higher level of screening for patients who have had a history of illicit drug abuse and for those patients under 35 years of age.<sup>2</sup>

- 14. At the hearing, Dr. Grove credibly testified consistent with the findings in his Medical Consultant Report.
- 15. Dr. Grove opined that Respondent's inappropriate prescribing to PH deviated from the standard of care. Dr. Grove based his opinion on the following factors: (i) PH had a history of illicit drug abuse; (ii) PH had been discharged from a previous pain management practice due to doctor shopping; (iii) PH had reported stolen prescription medication when at least a portion of the medication should have been taken; (iv) Respondent prescribed high levels and quantities of short acting medication to PH, being #300 Oxycodone 30 mg tablets per month, without any

<sup>&</sup>lt;sup>2</sup> Exhibit 17 at 1-2.

implemented tools to address addiction, diversion, and abuse; and (v) Respondent did not require PH to undergo urine drug testing while Respondent treated the patient.

- 16. Patient CA is also a former patient of Dr. Ruben. She was originally seen for treatment on March 29, 2010. CA had been "diagnosed with degenerative disc disease in the cervical spine as well as mild disk bulge in the lumbar spine secondary to a work related injury . . . . "<sup>3</sup>
- 17. In January, February, and March of 2011, Respondent treated CA, who had also become Respondent's secretary at his new clinic. The evidence of record indicates that CA returned to Dr. Ruben's clinic for treatment on April 14, 2011.
- 18. In addition to the standard of care described above, Dr. Grove also opined that "[i]n reference to the treatment and prescribing of controlled narcotics to someone who is currently and directly employed by the prescriber, I believe the standard of care also dictates that the patient should seek another physician, as many conflict of interest issues arise."<sup>4</sup>
- 19. The evidence of record established that Respondent deviated from the standard of care in his treatment of CA. Dr. Grove observed that Respondent continued to prescribe high levels of short acting pain medication to CA, who was known to have failed previous drug tests. Dr. Grove also noted that Respondent failed to document any office notes for the period of treatment when CA was employed by Respondent. Dr. Grove opined that CA, a high-risk patient, should have had her pain re-evaluated, non-narcotic options readdressed, or the possibility of abuse looked into to a higher degree.
- 20. Potential harm in the case of patient PH involved Respondent providing access to highly abused pain medications to a patient who had a high risk for returning to addiction and/or potential for diversion and abuse.
- 21. Respondent's treatment of patient CA exposed the chronic pain patient to the potential for harm because she had very easy access to high levels of potentially

<sup>3</sup> Exhibit 17 at 3.

<sup>&</sup>lt;sup>4</sup> Exhibit 17 at 4.

addictive pain medications without Respondent addressing her history of red flags relating to addiction, abuse, and diversion.

22. A physician is required to maintain adequate legible medical records containing, at a minimum, sufficient information to identify the patient, support the diagnosis, justify the treatment, accurately document the results, indicate advice and cautionary warning provided to the patient, and provide sufficient information for another practitioner to assume continuity of the patient's care at any point in the course of treatment. A.R.S. § 32-1401(2). The evidence of record established that Respondent's records for patients PH and CA were inadequate because they were often illegible and incomplete. At the hearing, Dr. Grove gave the following assessment: "The actual documentation for each of the patients was minimal, to put it bluntly, and/or illegible, and there was some other concerning issues where loss of medicines and other, quote/unquote, aberrant behavior for these opioid medications were not addressed at all." In addition, Respondent did not dictate or write any office notes for the period of treatment when CA was employed by Respondent.

### Case No. MD-12-0232A

- 23. The Board initiated Case No. MD-12-02332A after receiving a complaint from the mother of patient PS on February 29, 2012, alleging inappropriate prescribing of narcotics to her twenty-five year old son. The mother is a registered nurse.
- 24. The Board assigned the investigation of Case No. MD-12-0232A to Celina Shepherd.
- 25. On March 8, 2012, Ms. Shepherd, along with the board's medical consultant Jennifer J. Sosnowski, M.D., F.A.A.F.P., interviewed Respondent regarding this matter. After the interview, Dr. Sosnowski issued an Interview Summary dated March 8, 2012. During the interview, Respondent admitted that he met PS at a Starbucks on one occasion after PS complained that his medications had been stolen. Respondent wrote PS a prescription for the allegedly stolen medications

<sup>&</sup>lt;sup>5</sup> HT at 33, II. 17-22.

during that meeting. Respondent acknowledged that he had not performed a physical examination of PS at that meeting. Respondent further admitted to meeting patients, including PS, outside of his office.

- 26. This case was also assigned to Richard J. Ruskin, M.D., an outside medical consultant. Dr. Ruskin specializes in interventional pain management of both chronic and acute pain. Dr. Ruskin is board certified in anesthesiology, internal medicine, and interventional pain management.
- 27. The evidence of record established that Respondent treated PS with high-dose narcotics for pain, although his MRI showed only minimal degenerative disc disease. Respondent admitted that he was never able to confirm the patient's primary complaint of fibromyalgia.
- 28. There is no indication in PS's chart that Respondent performed a full examination of the patient's painful sites.
- 29. There was one urine drug screen in PS's medical record and it was positive for illicit drugs but negative for alprazolam, the medication that Respondent had prescribed. There is no indication that Respondent addressed this issue with PS but he continued to prescribe the alprazolam and oxycodone.
- 30. Included in PS's medical chart were several Arizona Board of Pharmacy ("CSPMP") restricted medication lists that revealed that PS had been obtaining narcotics from at least seven providers including Respondent. There is no indication in the medical chart that this issue had been addressed by Respondent.
- 31. In addition to reviewing the medical records for patient PS, Dr. Ruskin also reviewed five randomly selected patient charts from Respondent's practice. The charts reviewed were for patients JA, DH, KV, JR, and JP. Respondent prescribed high-dose oxycodone to all five patients, either alone or in combination with a benzodiazepine.
- 32. Dr. Ruskin authored "A Medical Consultant Report and Summary" dated May 29, 2012, wherein he addressed each of the patients' medical records. At the hearing, Dr. Ruskin credibly testified consistent with the findings in the report. In his report, Dr. Ruskin identified the following standards of care applicable to those patients:

- The initial evaluation of a chronic pain patient shall include a pain history, a directed physical examination, review of diagnostic studies, previous interventions, drug history and assessment of coexisting diseases or conditions.
- Treatment plan should be tailored to the individual. The treatment objective should be clearly stated. The use of high-dose opioids carries substantial risk: habituation, potential for misuse and diversion, deterioration of mental and physical functioning and overdose. Therefore, consideration should be given to different treatment modalities including rehabilitation behavioral strategies noninvasive techniques and the use of non-opioid medications. An opioid trial should not be initiated in absence of a complete assessment of the chronic pain patient.
- Informed consent should be obtained including a discussion between the physician and the patient with regard to the risks and benefits of the use of controlled substances.
- There should be a periodic review of the treatment efficacy and reassessment of the etiology of the patient's pain, as well as the patient's state of health, their functional status, adequacy of analgesia, opioid side effects, quality of life and indications of medication misuse.
- Attention should be given to the possibility of a decrease in functioning, or quality of life, because of opioid usage.
- The physician should consider consulting a pain specialist or psychologist depending on the expertise of the practitioner and the complexity of the presenting problem.
- The medical record should be accurate, legible and provide sufficient information for another practitioner to assume continuity of the patient's care. These records should contain documentation in the areas listed in the bullet points above.<sup>6</sup>
- 33. Dr. Ruskin opined that Respondent fell below the above-described standards of care in his treatment of PS. The bases of his opinion are as follows: (i) Respondent's medical records for PS contain no evidence that Respondent ever performed a physical examination of the patient; (ii) Respondent did not make a legitimate attempt to determine the etiology of the patient's pain; (iii) Informed consent was not obtained from the patient; (iv) If PS did have fibromyalgia, treatment with high-dose opioids and benzodiazepines was not appropriate; and

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<sup>&</sup>lt;sup>6</sup> Exhibit 43.

- (v) Respondent did not consider other treatment modalities other than high-dose opioids.
- 34. Dr. Ruskin identified that PS suffered the following actual harm from Respondent's treatment: (i) Respondent enabled and perpetuated an addictive drug disorder in the patient, and (ii) Respondent's treatment negatively impacted the patient's health, social well-being, and quality of life.
- 35. Dr. Ruskin identified the potential harm resulting from Respondent's treatment of PS as follows: (i) Respondent put PS at risk of drug-overdose, and (ii) Respondent put the general public at risk because PS was likely diverting drugs to other individuals.
- 36. Dr. Ruskin found Respondent's habit of repeatedly meeting PS in non-clinical locations to exchange controlled substance prescriptions for cash as "highly inappropriate and unprofessional." Dr. Ruskin described Respondent's failure to recognize and act upon PS's use of illicit drugs and misuse of prescribed medications as "egregious."
- 37. Dr. Ruskin opined that Respondent deviated from the standards of care in his treatment of patients JA, DH, KV, JR, and JP.
- 38. Respondent's records for patients JA, DH, KV, JR, and JP were inadequate because Respondent failed to document a complete history and physical examination, the nature and etiology of pain, and a comprehensive plan of care for each patient.

#### **CONCLUSIONS OF LAW**

- The Board has jurisdiction over Respondent and the subject matter in these two cases.
- Pursuant to A.R.S. § 41-1092.07(G)(2), the Board has the burden of proof in this matter. Pursuant to A.R.S. § 32-1451.04, the standard of proof is by clear and convincing evidence. The evidence of record supports the conclusion that the Board met its burden of proof in this matter by uncontroverted clear and convincing evidence.

3. The Board complied with the requirements of A.R.S. § 32-1451(R) by sending a copy of the Complaint and Notice of Hearing to Respondent by certified mail to Respondent's last known address of record with the Board.

- 4. The evidence of record established that Respondent committed unprofessional conduct in violation of A.R.S. § 32-1401(27)(a), specifically, A.R.S. § 32-1491(A)(1)(a), when failed to list his current address and telephone number when he wrote prescriptions to PH.
- 5. The evidence of record established that Respondent committed unprofessional conduct in violation of A.R.S. § 32-1401(27)(e) by his failure to maintain adequate medical records for patients PH, CA, PS, JA, DH, KV, JR, and JP.
- 5. The evidence of record established that Respondent committed unprofessional conduct in violation of A.R.S. § 32-1401(27)(q) because his treatment of the patients discussed in this matter resulted in potential and/or actual harm to the patients and the public. The documentary and testimonial evidence presented at the hearing support this conclusion.

### RECOMMENDED ORDER

It is recommended that Respondent's License No. 6972 for the practice of allopathic medicine in the State of Arizona be revoked on the effective date of the Order entered in Case Nos. MD-11-0335A and MD-12-0232A.

# RIGHT TO PETITION FOR REHEARING OR REVIEW

Respondent is hereby notified that he has the right to petition for a rehearing or review. The petition for rehearing or review must be filed with the Board's Executive Director within thirty (30) days after service of this Order. A.R.S. § 41-1092.09(B). The petition for rehearing or review must set forth legally sufficient reasons for granting a rehearing or review. A.A.C. R4-16-103. Service of this order is effective five (5) days after date of mailing. A.R.S. § 41-1092.09(C). If a petition for rehearing or review is not filed, the Board's Order becomes effective thirty-five (35) days after it is mailed to Respondent.

1	Respondent is further notified that the filing of a motion for rehearing or review is	
2	required to preserve any rights of appeal to the Superior Court.	
3	DATED this day of February, 2013.	
4		THE ARIZONA MEDICAL BOARD
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6	÷	By Jibhy
7		LISA WYNN Executive Director
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9	ORIGINAL of the foregoing filed this	
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11	Arizona Medical Board 9545 East Doubletree Ranch Road	
12	2 Scottsdale, Arizona 85258	
13	COPY OF THE FOREGOING FILED this 1 mith day of February, 2013 with	
14	Cliff J. Vanell, Director	
15 16	Phoenix AZ 85007	
17	Executed copy of the foregoing mailed by U.S. Mail this	
18	Feb 3	
19	Andrzej J. Slaski, M.D. Address of Record	
20	Anne Froedge	
21	Assistant Attorney General Office of the Attorney General	
22	CIV/LES 1275 W. Washington Phoenix, AZ 85007	
24	Mary Bober	
24	# 2991887	